

All Practices and Gameplay will be at the **GYM** location (293057 James Jones Way, just South of CrossIron Mills).

Scrimmage/Gameplay are currently tentative based on COVID restrictions being loosened. If we are still unable to have gameplay at this point in the session then a practice will be held instead.

Scrimmage days will be informal and use modified gameplay as necessary to teach fundamentals of the game (i.e. one catch, short court, ½ court, triple ball, 3 vs 3 etc.). Each gameplay day will build on concepts from the previous play day with the addition of new skills from practices. The emphasis will be on everyone playing as much as possible and learning long term team skills.

<u>Please Note:</u> Until COVID-19 restrictions are relaxed there can currently be no spectators for practices or Scrimmage/Gameplay days as our building numbers are limited and every spectator is one less kid who may participate.

<u>NEW FOR WINTER/SPRING</u>: Per AHS and Volleyball Alberta recommendations all participants must wear a mask for practices. Mask breaks will be provided with proper distancing, and kids will have a designated area off court that they can go if needed.

<u>Season Schedule for Mini Dome Club - Beginners Grades 4-7</u>

Sun, March 14	2 to 3:30pm	Organizational practice
Fri, March 19	5:15 to 6:45pm	Individual skills
Sun, March 21	2 to 3:30pm	Individual skills
Fri, March 26	5:15 to 6:45pm	Individual skills

Sun, March 28 2 to 3:30pm Group and individual skills

Fri, April 2 HOLIDAY - NO PRACTICE

Sun, April 4 2 to 3:30pm Group and individual skills Fri, April 9 5:15 to 6:45pm Teamwork and game situation

Sun, April 11 <u>Scrimmage/Gameplay TBD if COVID Restrictions lifted</u>

Fri, April 165:15 to 6:45pmPracticeSun, April 182 to 3:30pmPracticeFri, April 235:15 to 6:45pmPracticeSun, April 252 to 3:30pmPractice

Fri, April 30 5:15 to 6:45pm Teamwork and game situation

Sun, May 2 <u>Scrimmage/Gameplay TBD if COVID Restrictions lifted</u>