



# BEACH DOME CLUB – Winter 2021

*General Program Philosophy: We want all the kids to play a lot, have fun with their friends, and learn the skills of volleyball in a positive group environment. The emphasis of the Dome Club is on learning, fun, and development. This is not a competitive program and winning will not be a priority.*

Scrimmage/Gameplay days (when they can be reinstated) are informal, reffed by coaches, and the emphasis is on everyone playing as much as possible and learning long term team skills.

## Notes for Winter/Spring 2021 - as of March 2 (subject to change)

- Per current AHS and Volleyball Alberta recommendations **all participants will be required to wear masks for practices**. There will be regular mask breaks with proper distancing, as well as designated “mask off” areas off court in case kids need to take a break during drills.
- **Scrimmage/Gameplay days are currently tentative** based on the possibility of Covid restrictions being relaxed. If we are still not able to play games at that point then will have practices at the usual times instead. The schedule may be updated throughout the session as new information is provided by AHS & GovAB, and if Scrimmage/Gameplay days can happen then more specific schedules for each group will be sent out at least a week in advance.
- Until COVID-19 restrictions are relaxed there will be **no spectators for practices or tentative Scrimmage/Gameplay days**. Our building numbers are currently limited and every spectator is one less kid who may participate.
- Under the current Covid restrictions kids are to remain 3m apart including when on court. This means we'll be starting with a lot of individual skills, pairs drills, and ball control (regardless of previous experience) so that we can keep everyone properly distanced throughout practices . As restrictions are relaxed they will be able to return to more group and competitive/co-operative drills.

All Beach Practices and Gameplay will be at the **DOME** location (2825 24th Ave NW, Across from U of C).



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The following schedules are for practices at the **Volleydome** (2825 24th Ave NW).

**\*Currently all scrimmage/gameplay days are tentative based on Covid Restrictions being loosened. If we are still unable to have games at this point in the session then a regular practice will be held instead.**

## **Season Schedule for DC06/07 Girls & Guys born in 2006/2007**

Sun, March 14	2:30 to 4:00pm	Organizational practice
Fri, March 19	6:00 to 7:30pm	Individual skills
Sun, March 21	2:30 to 4:00pm	Individual skills
Fri, March 26	6:00 to 7:30pm	Group and individual skills
Sun, March 28	2:30 to 4:00pm	Group and individual skills
<b>Fri, April 2</b>	<b>HOLIDAY - NO PRACTICE</b>	
Sun, April 4	2:30 to 4:00pm	Practice
Friday, April 9	6:00 to 7:30pm	Practice
Sun, April 11	2:30 to 4:00pm	Practice
Fri, April 16	6:00 to 7:30pm	Practice
Sun, April 18	2:30 to 4:00pm	Practice
Fri, April 23	6:00 to 7:30pm	Practice
Sun, April 25	2:30 to 4:00pm	Teamwork and game situation
Fri, April 30	6:00 to 7:30pm	Teamwork and game situation
<b>Sat or Sun, May 1/2</b>	<b><u>Scrimmage/Gameplay TBD if COVID Restrictions lifted (or regular practice times)</u></b>	
Fri, May 7	6:00 to 7:30pm	Practice
Sun, May 9	2:30 to 4:00pm	Teamwork and game situation
Fri, May 14	6:00 to 7:30pm	Teamwork and game situation
<b>Sat or Sun, May 15/16</b>	<b><u>Scrimmage/Gameplay TBD if COVID Restrictions lifted (or regular practice times)</u></b>	
Fri, May 21	6:00 to 7:30pm	Teamwork and game situation
<b>Sat or Sun, May 22/23</b>	<b><u>Scrimmage/Gameplay TBD if COVID Restrictions lifted (or regular practice times)</u></b>	

## **Season Schedule for DC08/09 Girls & Guys born in 2008/2009**

Sun, March 14	1:00 to 2:30pm	Organizational practice
Fri, March 19	4:30 to 6:00pm	Individual skills
Sun, March 21	1:00 to 2:30pm	Individual skills
Fri, March 26	4:30 to 6:00pm	Group and individual skills
Sun, March 28	1:00 to 2:30pm	Group and individual skills
<b>Fri, April 2</b>	<b>HOLIDAY - NO PRACTICE</b>	
Sun, April 4	1:00 to 2:30pm	Practice
Friday, April 9	4:30 to 6:00pm	Practice
Sun, April 11	1:00 to 2:30pm	Practice
Fri, April 16	4:30 to 6:00pm	Practice
Sun, April 18	1:00 to 2:30pm	Practice
Fri, April 23	4:30 to 6:00pm	Practice
Sun, April 25	1:00 to 2:30pm	Teamwork and game situation
Fri, April 30	4:30 to 6:00pm	Teamwork and game situation
<b>Sat or Sun, May 1/2</b>	<b><u>Scrimmage/Gameplay TBD if COVID Restrictions lifted (or regular practice times)</u></b>	
Fri, May 7	4:30 to 6:00pm	Practice
Sun, May 9	1:00 to 2:30pm	Teamwork and game situation
Fri, May 14	4:30 to 6:00pm	Teamwork and game situation
<b>Sat or Sun, May 15/16</b>	<b><u>Scrimmage/Gameplay TBD if COVID Restrictions lifted (or regular practice times)</u></b>	
Fri, May 21	4:30 to 6:00pm	Teamwork and game situation
<b>Sat or Sun, May 22/23</b>	<b><u>Scrimmage/Gameplay TBD if COVID Restrictions lifted (or regular practice times)</u></b>	