

General Program Philosophy:

Young Guardians is designed to allow kids to play and have fun with their peers while learning the fundamental skills to basketball in a supportive and positive environment. An emphasis on fun learning and developing basic skills is at the forefront. This is not a competitive team program thus winning will not be the highest priority.

***ALL Sessions will be held at:**

**Volleydome GYM 293057 James Jones Way Rockyview Alberta T4A 0X1
(south of CrossIron Mills)**

Program Schedule:

Saturday March 5 th	3:30PM-5:00PM MST – Organizational Practice
Monday March 7 th	6:30PM-8:00PM MST – Individual Skills
Saturday March 12 th	3:30PM-5:00PM MST – Individual Skills
Monday March 14 th	6:30PM-8:00PM MST – Team Based & Individual Skills
Saturday March 19 th	3:30PM-5:00PM MST – Team Based & Individual Skills
Monday March 21 st	6:30PM-8:00PM MST – Individual Skills & Mini Games
Saturday March 26 th	3:30PM-5:00PM MST – Mini Games
Monday March 28 th	6:30PM-8:00PM MST – Individual Skills & Mini Games
Saturday April 2 nd	3:30PM-5:00PM MST – Team Based Skills & 3on3 Games
Monday April 4 th	6:30PM-8:00PM MST – Individual Skills & 3on3 Games
Saturday April 9 th	3:30PM-5:00PM MST – 3on3 Games
Monday April 11 th	6:30PM-8:00PM MST – Team Based Skills & 3on3 Games
Saturday April 16th	NO SESSION – Good Friday
Monday April 18 th	6:30PM-8:00PM MST – Individual Skills & 4on4 Games
Saturday April 23 rd	3:30PM-5:00PM MST – Team Based Skills & 4on4 Games
Monday April 25 th	6:30PM-8:00PM MST – Team Based Skills & 4on4 Games
Saturday April 30 th	3:30PM-5:00PM MST – 4on4 Games
Monday May 2 nd	6:30PM-8:00PM MST – Individual & Team Based Skills
Saturday May 7 th	3:30PM-5:00PM MST – Team Based Skills & 5on5 Games
Monday May 9 th	6:30PM-8:00PM MST – Team Based Skills & 5on5 Games
Saturday May 14 th	3:30PM-5:00PM MST – 5on5 Games

For more information please call (587)-619-0590 or email gym.guardians.bb@gmail.com

****Note:** Scrimmage/Game Play will be informal, refereed by coaches, and everyone will be playing as much as possible to focus on application of individual and team skills for learning and long-term development.

*****Note:** Rules for spectators (and whether we can have them) will be subject to changing COVID-19 case numbers and potential restrictions. For the time being, parent/guardian(s) may watch while masked, distanced, and off the court in viewing areas.

As of September 20th, 2021 the Volleydome GYM requires proof of vaccination / documentation of a medical exemption / or a negative PCR/Rapid test from within 72hrs for patrons/participants/spectators over the age of 12.

