



GYM Indoor Courts: Cleaning Protocols

To be followed by owners and or assigned employees and specific users.

***All surfaces specified below are to be cleaned AND disinfected using reusable rags and commercial grade cleaners and disinfectants provided and approved by the Government of Canada. Specific areas touched by any person identified as contagious will be re-cleaned and re-disinfected immediately. Any area not in use will be marked or cordoned off.**

COMMON AREAS

- Wipe all doors, handles, counters, shoe racks, and shoe trays (if available and used), benches, bleachers and tables (if available and used). To be done multiple times daily.
- Floors to be mopped at least once daily.
- Garbage and recycling containers wiped multiple times daily.

WASHROOMS

Individual stalls selected for use:

- Wipe doors, handles, toilet handles, toilet seat, toilet bowl, toilet paper holder, urinal handle, urinal bowl and under bowl, walls, and partitions surrounding urinal, and mop floor.
- Wipe mirrors, vanity counter, sink faucets, sink bowl.
- Wipe soap dispenser, hand dryer and or paper towel dispenser, and garbage containers.
- Mop floors.

***surfaces touched by hands to be done multiple times daily.**

Soap dispenser cartridge, toilet paper and paper towel dispensers to be filled when necessary.

COURTS

Those in use will have any surfaces touched by hands cleaned, and disinfected after every session including: net perimeter, benches, score tables, balls, net cranks and any other equipment used i.e. – blocking boards, cones etc. Floor cleaned twice daily.

OFFICES AND MAIN COUNTER

- Wiped at the beginning/end of each shift and after each contact by patrons:
Desk surfaces, computers, cash register, debit/credit card machine, counter surfaces, drawer handles, filing cabinets, microwave, refrigerator, sinks, faucets, chairs, and coat hangers.
- Floor cleaned daily (more if contaminated or during high traffic hours).

GARBAGE

All garbages and recycling containers changed/cleaned daily or when full.



GYM Indoor Courts: Camp/Program Protocols

Coaches:

- Coaches will be screened daily for COVID-19 Symptoms before entering the court area or interacting with athletes or other coaches.
- Coaches will wash or disinfect hands before entering the court area or collecting equipment for the day. They will rewash or sanitize hands with each new group of athletes and stick to assigned courts for the day.
- Coaches must disinfect balls, and any additional shared equipment/benches, at the beginning of each new group, and during intervals for camps/sessions longer than 2 hours (i.e. snack break during camps).
- Coaches will review safety procedures and protocols, including ball handling (minimal partner/court changes between drills) and distancing reminders (maintaining distance from others whenever possible during repetitions and between drills) as well as point out hand wash/sanitizing stations.
- Coaches will use demos and explanations as much as possible for instruction and will avoid making physical adjustments/contact with athletes unless necessary for safety.

Numbers (per Stage 2):

- All camps/programs will be limited to less than 50 per mini league and less than 25 per practice group (split on two courts).
- There will be no more than 100 people (including coaches and staff) in the Volleydome at any given time.
- To limit building numbers there will be no spectators allowed for practices or scrimmages/games for the remainder of Stage 2.

Contact Tracing:

- Contact information will be kept for all participants for the course of a program.
- Should there be a positive Covid-19 case within a practice group everyone in the group will be contacted with further instructions based on AHS recommendations. If other cases are identified as a result of the first case, practices will be suspended for the group for at least two practices to allow for testing/isolation/symptom monitoring.

Arrival at Facility:

- Campers/program participants will be asked to arrive 10-15 min before scheduled camp/practice time for check-in. Designated entrance and line-up area will be clearly marked with all signage relating to Volleydome protocols and Alberta Health Guidelines posted in the entrance area. Parents may accompany their child for check-in but will be asked to leave for the duration of camps (no spectators) so that more athletes may be allowed to participate in programs.
- Staff members/coaches will be available for check-in. They will:
 - require all campers wash hands or use hand sanitizer before entering the courts (**Minhas Micro Brewery Hand Sanitizer 80% DIN 80098050**)
 - verbally screen for cough, fever, shortness of breath, runny nose, and/or sore throat symptoms. No entry if symptoms present, regardless of whether or not you have been tested for COVID. If you have symptoms of coughing or shortness of breath, you must immediately be sent home.
 - at their discretion screen for fever using a temperature sensor, there will be no entry if fever is detected.
 - confirm contact information.
 - send campers/participants to designated courts where a spot for personal items will be available beside the courts.

During Camp/Practices:

- Bags and personal items must be kept on designated bench areas.
- Hand sanitizer stations will be available throughout the building and should be used anytime campers leave the court area (for bathroom use). Players may bring personal hand sanitizer if they like.
- Balls and carts will be assigned to specific courts and will not be shared between courts.
- Practice groups will be assigned to specific courts.
- Keep 2m distance from other athletes and coaches whenever possible, no visiting on other courts.
- Players will be reminded to keep distance whenever possible. Alternative cheers (with no high fiving/contact) will be encouraged.

Exiting the Facility:

- Once the camp/practice has ended athletes will be asked to gather their personal belongings and exit through the marked exit at the back of courts 6 & 7. There is space to wait indoors on court 7 but please be prompt for pick-up.

Things to Note:

- Players are expected to arrive changed & ready to practice. There will be no change room area access.
- Public washrooms are available if needed, but there will only be one athlete allowed at a time. Stalls will be blocked off to allow for physical distancing. Please only use if needed and no hanging out in bathroom areas.
- No open drinks in the facility. Please bring a water bottle with you for personal use only, water fountains will be available only for filling water bottles.